

The author stresses that a man who studies and practices aikido correctly desires only to defend himself without hurting others. To possess this attitude, one must achieve a very high level of integration of the powers of mind and body, the harmonious combination of physical means and ethical motives.

James S. Bosco, Ph.D.

CHANGING EXPECTATIONS: A PROGRAM OF REHABILITATION FOR THE PSYCHO-SOCIALLY DISABLED; Craddock, George W.; Northeastern University, Boston, Massachusetts; August, 1968, Pp. 64. Copies Free.

This report discusses a special vocational rehabilitation program which was designed for individuals vocationally handicapped by psycho-social disabilities. These disabilities are most frequently associated with being raised in poverty and segregation; attending sub-standard schools; having a limited exposure to the ideas and artifacts of the larger culture; and accepting as immutable, the status of being under-employed and dependent on the social welfare system.

To describe how this program originated, how it operates, and how well it is working in the direction of realizing its goals, is the purpose of this report. The program is a novel one with many interesting and original

facets that are not found elsewhere in programs directed at alleviating the social problems of unemployment and poverty. Of particular importance is the way in which three independent organizations pooled their resources, and designed a cooperative program which is already showing signs of fulfilling the organizational objectives of each. The program is an exceedingly rich one, and in a relatively short period it has developed far greater scope than even the originators could have hoped.

The report is presented in two parts. The first part consists of an overall description of the rationale, history, objectives and procedures of the program. Chapter one attempts to provide a conceptual background for the descriptions which follow in chapters two and three.

The second part consists of a preliminary evaluation of the program. The data evaluated were collected during the first year and a half of the program's operation, beginning the spring semester of 1966 and ending with the completion of the following spring semester in 1967. Chapters four and five are an analysis and discussion of records and survey data. In chapter six an unanticipated result of the program is presented and discussed. In the final chapter of this report a summary and conclusion are presented with emphasis on a discussion of the strengths and weaknesses of the program.

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